

# THE DEN

The Den is an in-school resource to help students and families in need. Are you interested in making a donation? We'd appreciate it! Please look at the list below for shopping ideas. Please make sure all donations are non-perishable. If you have questions, feel free to contact [Sara Ferber](#) at 763-506-2551.

## FOOD ITEMS

- Canned meats – tuna/chicken
- Spaghetti sauce
- Macaroni and cheese
- Ramen/Instant noodles
- Cereal/ Oatmeal
- Instant mashed potatoes
- Peanut butter & Jelly
- Spaghetti noodles
- Canned soup or beef stew
- Canned vegetables – particularly corn
- Dried beans – pinto, great northern, black eyed peas
- Rice – any kind
- Rice or Pasta mixes (Rice-a-Roni ...)
- Dry stuffing (seasoned or unseasoned)
- Fruit cups/applesauce
- Canned fruit
- Seasonings and spices
- Sugar
- Flour
- Powdered/Shelf stable milk
- Cake / muffin mixes
- Cooking oil

## PERSONAL HYGIENE

- Shampoo/conditioner
- Deodorant
- Lotion
- Toothbrushes/toothpaste
- Toilet paper
- Paper towels
- Kleenex
- Dish soap
- Laundry detergent pods
- Hand soap
- Body Wash

## WORLD FOODS

- Fufu flour
- Maggi cubes
- Water chestnuts
- Bok Choy
- Soy Sauce/Oyster Sauce
- Coconut milk
- Tortillas
- Masa Harina
- Canned exotic fruits (lychee, etc)



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